

# DAKOTA NURSING PROGRAM

Bismarck State College • Dakota College at Bottineau • Lake Region State College • Williston State College

## NURS 229 Syllabus - Spring 2020

**COURSE:** NURS 229: Health Promotion and Psychosocial Nursing

**CREDIT HOURS:** 2 semester hours (32 classroom hours)

### COURSE DESCRIPTION:

Examine safe and effective client care in the areas of health promotion for individuals and groups in communities and in care of the client experiencing psychosocial issues. Expand skills in promoting a client's self-determination, advocating for clients, and working within the interdisciplinary health care team while making evidence based decisions to improve the safety and quality of client care.

### MEETING TIME:

#### **Monday and Wednesday**

**Section I** 11:00-11:50 on M and 9:00-9:50 on W  
*BSC A, LRSC, LRSC-Mayville and WSC (BSC-Hazen and BSC-Garrison connected on W only)*

**Section II** 14:00-14:50 on M and 12:00-12:50 on W  
*BSC B, DCB, DCB Minot, DCB Valley City, and LRSC Grand Forks*

### INSTRUCTORS:

#### **Psychosocial & Health Promotion and Lead Faculty**

##### **Gail Raasakka, MSN, RN, CNE**

WSC Program Director/Associate Professor of Nursing

Williston State College, HSSC 165

1410 University Avenue

Williston, ND 58801

Office Phone: (701) 774-4290 Toll Free: 1-888-863-9455

Office Hours: email or call for an appointment

[gail.raasakka@willistonstate.edu](mailto:gail.raasakka@willistonstate.edu)

#### **Health Promotion**

##### **Holly Mayer-Taft, MSN, RN-BC, NREMT**

Nursing Instructor

Lake Region State College/Grand Forks

1425 S. Columbia Rd

Grand Forks, ND 58201

Office: (701) 665-4634

Office Hours: email or call for an appointment

Email: [holly.mayer@lrsc.edu](mailto:holly.mayer@lrsc.edu)

### PREREQUISITES:

NURS 224, Professional Role Development

NURS 225, Alterations in Health I

NURS 226, Maternal Child Nursing

NURS 227, Clinical Applications I

### COREQUISITES:

NURS 237, Clinical Applications II

NURS 228, Alterations in Health II

NURS 259, Role Transitions

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## REQUIRED TEXTBOOKS:

1. Assessment Technologies Institute (ATI) Review Package, Skills Modules, and Live NCLEX Review for RN students.
  2. Assessment Technologies Institute (ATI) RN Community Health Nursing (8.0) at [www.atitesting.com](http://www.atitesting.com)
  3. Silvestri, L. A. (2017). *Saunders comprehensive review for the NCLEX-RN*. (7<sup>th</sup> ed.). St. Louis: Saunders/Elsevier.
  4. Varcarolis, E, M., Halter, M. J. (2017) Varcarolis' *Foundations of Psychiatric Mental Health Nursing*, (8<sup>th</sup> ed.) St. Louis, Elsevier
- \*Students must have reliable high speed internet which is required to access online books and resources.*

## STUDENT LEARNING OUTCOMES (With Related Learning Activities and Evaluation):

NURS 229: Health Promotion and Psychosocial Nursing			
Program Student Learner Outcomes (SLOs)	NURS 229 Course Student Learner Outcomes (SLOs)	Learning Activities	Course SLO Evaluation
<p><b>TEAMWORK AND COMMUNICATION:</b> Collaborate with clients and members of the interdisciplinary health care team to optimize effective communication, caring behaviors, and management of client needs.</p>	<p>1. Analyze the relationships within the interdisciplinary healthcare team developed to optimize effective communication, caring behaviors, and management of client health promotion and psychosocial needs.</p>	<ul style="list-style-type: none"> <li>• Assigned reading</li> <li>• Lecture</li> <li>• Class discussions</li> <li>• Exams and quizzes</li> <li>• MN Public Health Game</li> <li>• Community windshield assignment</li> <li>• ATI Real Life on Schizophrenia, anxiety, mood disorders and alcohol use disorder</li> <li>• ATI Video case study Therapeutic communication</li> <li>• Case Study on Somatic Disorders</li> </ul>	<ul style="list-style-type: none"> <li>• Quizzes and exams - (test item analysis and blue printing of quiz and proctored exam results and questions)</li> <li>• Community windshield assignment</li> <li>• ATI Real Life Results and Video case study results</li> </ul>
<p><b>PROFESSIONALISM AND LEADERSHIP:</b> Adhere to professional standards and scope of practice as an associate degree registered nurse while pursuing professional growth and acting as a leader and change agent within legal, ethical and regulatory frameworks.</p>	<p>2. Integrate professional standards, regulations, and the scope of practice for a registered nurse with the care of clients' health promotion and psychosocial needs including the ethical and legal dimensions.</p>	<ul style="list-style-type: none"> <li>• Assigned reading</li> <li>• Lecture</li> <li>• Class discussions</li> <li>• Exams and quizzes</li> <li>• Case Study on abuse</li> <li>• Assignment on codependency</li> </ul>	<ul style="list-style-type: none"> <li>• Quizzes and exams - (test item analysis and blue printing of quiz and proctored exam results and questions)</li> <li>• Assignment evaluated by rubric</li> </ul>
<p><b>CLIENT-CENTERED CARE:</b> Provide culturally competent care and advocate for clients while promoting their self-determination and integrity.</p>	<p>3. Formulate culturally competent care for clients' health promotion and psychosocial needs while advocating for clients, and promoting their self-determination and integrity.</p>	<ul style="list-style-type: none"> <li>• Assigned reading</li> <li>• Lecture</li> <li>• Home Health Case Study Discussion incorporating rural and migrant health care, homeless populations, violence and human abuse.</li> <li>• Community windshield assignment</li> <li>• Mental Health case study discussion on Navajo man with schizophrenia and incorporation of "medicine man – healer"</li> <li>• Exams and quizzes</li> <li>• ATI Real Life on Schizophrenia, anxiety, mood disorder and alcohol use disorder</li> <li>• Online discussion on health brochure literacy appropriateness</li> </ul>	<ul style="list-style-type: none"> <li>• Quizzes and exams - (test item analysis and blue printing of quiz and proctored exam results and questions)</li> <li>• Community windshield assignment</li> <li>• ATI Real Life Results</li> </ul>

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<p><b>EVIDENCE-BASED PRACTICE AND NURSING JUDGEMENT:</b> Implement nursing judgment to make safe, effective, and evidenced-based decisions that integrate science and the nursing process in providing holistic client care.</p>	<p>4. Prioritize nursing judgment to make safe, effective, and evidenced-based decisions that integrate science and the nursing process to provide holistic client care including their health promotion and psychosocial needs.</p>	<ul style="list-style-type: none"> <li>• Assigned reading</li> <li>• Lecture</li> <li>• Class discussions</li> <li>• Exams and quizzes</li> <li>• MN Public Health Game</li> <li>• Psych Pharmacology – on Psychiatric Medications</li> <li>• ATI Real Life on Schizophrenia, anxiety, mood disorders and alcohol use disorder</li> <li>• Online discussion on health driven phone apps</li> </ul>	<ul style="list-style-type: none"> <li>• Quizzes and exams - (test item analysis and blue printing of quiz and proctored exam results and questions)</li> <li>• Psych Pharmacology – on Psychiatric Medications Quiz Results</li> <li>• ATI Real Life Results</li> </ul>
<p><b>QUALITY IMPROVEMENT AND SAFETY:</b> Incorporate a spirit of inquiry to make evidence based clinical judgments and management decisions to improve the safety and quality of care across a variety of systems.</p>	<p>5. Monitor health care system, individual performance, and effectiveness to improve the safety and quality of care in the care of clients and their health promotion and psychosocial needs.</p>	<ul style="list-style-type: none"> <li>• Assigned reading</li> <li>• Lecture</li> <li>• Class discussions</li> <li>• Exams and quizzes</li> <li>• MN Public Health Game</li> <li>• ATI Real Life on Schizophrenia, anxiety, mood disorders and alcohol use disorder</li> </ul>	<ul style="list-style-type: none"> <li>• Quizzes and exams - (test item analysis and blue printing of quiz and proctored exam results and questions)</li> <li>• ATI Real Life Results</li> </ul>
<p><b>INFORMATICS:</b> Integrate current technology to support decision-making and manage information in the delivery of client care.</p>	<p>6. Integrate current technology to support decision-making and manage information in the delivery of client care in the care of clients and their health promotion and psychosocial needs.</p>	<ul style="list-style-type: none"> <li>• Assigned reading</li> <li>• Lecture</li> <li>• Class discussions</li> <li>• Exams and quizzes</li> <li>• MN Public Health Game</li> <li>• Online discussion on health driven phone apps</li> </ul>	<ul style="list-style-type: none"> <li>• Quizzes and exams - (test item analysis and blue printing of quiz and proctored exam results and questions)</li> </ul>

**GRADE BREAKDOWN:**

Exams: 75%  
Quizzes and Written Assignments: 25%  
 100%

**GRADING POLICY:**

The following grading scale is used:

- 92.0 - 100.00 = A
- 84.0 - 91.99 = B
- 76.0 - 83.99 = C
- 68.0 - 75.99 = D
- Below 68 = F

**There will be no rounding up of grades for any reason.**

**There is no extra credit offered.**

**Final exams will not be given early. Plan on being in school until the final day.**

**NCLEX REVIEW PROGRAM NURSING REVIEW PROGRAM:**

The Dakota Nursing Program requires students to purchase and complete an ATI Nursing Review Program. This program is complete with the review modules (Books or eBooks, Skills Modules, Online Practice Assessments, and Proctored Assessments). Please review the complete ATI policy in your student handbook for preparation policy, remediation policy, and grading levels.

**GRADING:**

Course and clinical grades are based on a variety of activities and assignments designated by the faculty. The criteria by which grades for each theory and clinical course are determined are included in course syllabi distributed to students.

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Students have access to and should review the learning management system grading calculation method.

Students are responsible to know what their grades are during the course. Please review the gradebook frequently. If an assignment or exam in the student's gradebook says the assignment or exam has not been submitted or has not been entered, it is then treated as a fact that the student did not do the assignment or exam unless the student has written proof that they did in fact complete and submit such assignment/exam as outlined in the directions. Make sure your assignments are submitted well before the due date to assure timely submission. **Please see your Dakota Nursing Student handbook for grading policies in addition to the policies listed below.**

**Grades:** Grades are given for both theory classes and clinical performance of clinical nursing courses. Students must earn a minimum grade of "C" with a maintained 2.5 GPA or better in all required courses of the program. Students who fail a theory or clinical course will be dismissed from the nursing program. A final grade of D or F is considered to be a failed grade. Any time a student has unsatisfactory grades, he/she should contact the instructor for guidance.

**Active Learning:** In addition to educational strategies such as reading, listening, and reflecting, when appropriate this class makes use of learning techniques commonly known as active learning. Students should expect to participate in active learning techniques such as discussions and presentations, small group activities, writing, problem-solving, movement, case studies, role-playing, etc. These activities promote analysis, synthesis, and evaluation of class content in order to improve student learning outcomes.

**Assignments/Quizzes/Clinical Paperwork:** All assignments must be completed and submitted on time in the manner specified by the faculty. Students may fail the course if all assignments are not completed. Late/makeup work will not be accepted (student will receive a 0%) unless previously arranged with the instructor.

**Exams:** Students will notify the program nursing director/site faculty AND the lead course instructor 1 hour prior to missing the scheduled exam for the day and schedule a time to makeup that exam. Failure to notify these individuals may result in a conference with faculty recommendations for improvement. Missing more than one exam in the nursing courses in one semester as detailed in the attendance area of your handbook will result in an unsafe occurrence report with a performance improvement plan. All exams must be made up within 24 hours of the academic week. Extenuating circumstances will be considered and subsequent actions decided by the nursing program director. Situations where students miss an exam need to be backed up with written documentation by a healthcare provider or other published documentation. It is the student's responsibility to contact the nursing program nursing director to arrange a makeup exam. "Notification" means that the student sends an email with the appropriate information or speaks directly to the nursing instructor AND program director per telephone or in person prior to one hour before the exam is scheduled.

**Records of Grades:** The faculty strongly endorses the idea that each student is responsible for knowing his/her own academic status based on grades from learning activities. Grades are recorded in the Blackboard Grade Center. All gradebook questions must be addressed by the student to the lead instructor at midterm and then again during the week before finals. There will be no changes accepted to the gradebook regarding absent or late/missed assignments or late/missed exams during finals week. It is the student's responsibility to know what their grades are and contact the instructors or their Nursing Program Director for a plan to improve.

**Nursing Department Etiquette:** It is expected that students will show sensitivity to their peers as well as instructors by avoiding any activity that may cause distraction during class. Incivility will not be tolerated and is an unsafe behavior. Use of mobile devices and related applications, cameras, side conversations, and children are not allowed in the classroom.

Nursing is a profession and thus requires professional behavior. It is expected that students will act in a professional manner displaying commitment to learning in the classroom, lab, all clinical areas, all college areas, and at all times in the public (including social networking sites when representing the college or the profession of nursing.)

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**Course study expectations:** Commitment to learning is important to success. For every semester credit hour you are taking in a class, three hours needs to be set aside in your weekly schedule to read, study and devote towards your education outside of class.

For example: NURS 120 (3 credit) x 3 hours = 9 hours/week to study (minimal recommended study hours per week.)

**Academic Honesty:** Academic honesty is held in the highest regard within the Dakota Nursing Program. Academic dishonesty will be addressed following the policies outlined in your college catalog. Dishonesty may result in failure of the course and dismissal from the Dakota Nursing Program.

**Student Role in Evaluation of Teaching, Course, and Program Evaluation:** The Dakota Nursing Program student will evaluate faculty teaching and curriculum in the classroom, lab and clinical settings. The evaluations are an important source of information for both individual faculty and for program evaluation.

## **ATTENDANCE POLICY:**

The Dakota Nursing Program supports the college policy on attendance as stated in your college catalog. In addition, the nursing program implements strict attendance policies for classroom, lab and clinical experiences. Students are expected to attend all theory, lab, and clinical hours.

Regular, punctual attendance demonstrates safe and professional behavior and responsibility. In recognition of the fact that the primary learning takes place in the teacher-student relationship, the principle governing class attendance is that the student is expected to attend all regularly scheduled classes (classroom, laboratory, and clinical) and is responsible for meeting course objectives. Absences may make it impossible for a student to meet course objective and result in failure of the course. A student may be excused from class or clinical with the approval of the instructor. It is the student's responsibility to make arrangements to fulfill missed assignments with the appropriate faculty member. All makeup work may have a deduction in theory, lab, or clinical applications. All missed hours in lab or clinical need to be made up with an hour for each hour missed. Absences of more than four in any classroom, lab, or clinical course may result in course failure.

Please see the Attendance Policy in your Nursing Program Handbook for directions on how to notify faculty of and for consequences specific to being absent or tardy.

## **ACCOMMODATIONS:**

To request academic accommodations due to a disability that may limit your ability to fully participate in this class/lab/clinical, please contact the disability services office listed for your college below. Personnel from that office will work with you and your instructor to arrange for reasonable accommodations after you have completed the registration process and it has been determined that you qualify. It is the student's responsibility to obtain the request for accommodation and provide it to the instructor and local campus nursing director.

- Bismarck State College Students: contact the Student Accessibility Office at 701.224.5671
- Dakota College at Bottineau Students: contact Disability Support Services at 701.228.5672
- Lake Region State College Students: contact the Disability Office at 701.662.1689
- Williston State College Students: contact the Accessibility and Retention Specialist at 701.774.4224

## **DROP AND WITHDRAW DATES CAN BE FOUND ON YOUR CAMPUS WEBSITE AT:**

BSC – <http://www.bismarckstate.edu/current/records/calendarsdeadlines/>

DCB – <http://www.dakotacollege.edu/academics/academic-calendar/>

LRSC – <http://www.lrsc.edu/academics/term-schedules>

WSC – <http://www.willistonstate.edu/Class-Schedule.html>

If you have any questions about dropping or withdrawing from a class please contact your campus coordinator or registrar.

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## **ADDITIONAL INFORMATION:**

All written work must be completed and turned in to the instructor prior to taking any scheduled exam. Any assignments which are not complete and turned in will result in the student failing the course with a grade of F.

Students are required to read the Dakota Nursing Program student handbook upon admission to the program and submit the signature form found in the handbook showing that the student will agree to follow the information and policies found in the handbook.

Material for this course will be posted onto the Blackboard site. It is your responsibility to check this site for assignments and notes. It is also your responsibility to know what your grade is in the course by reviewing the Blackboard gradebook.

## **WEB STREAMING (Yuja):**

Yuja is a lecture and content capture software that was chosen by the ND University System to provide that service for its 11 campuses. Yuja enables faculty, students and staff to record presentations, lessons, training, an entire lecture, and more. The recorded content is searchable, provides for note-taking and participant rating of content, can be streamed live, and can be used on portable devices having internet access. Yuja integrates with most learning management systems and is ADA compliant. An instructor's lecture for the DNP is recorded and stored within a learning management system for the duration of the semester. Instructors will record IVN and other lectures on Yuja. Students should be aware that their voices or any presentation they do in class may be recorded on Yuja and available via Blackboard for other students in their class to view. The recordings will be available for viewing for the duration of the semester. Watching class via web streaming does not count as attendance for class but is highly encouraged if you are unable to attend class or wish to review concepts covered in class. Please refer to attendance policy if there are any questions.

## **GUEST SPEAKERS:**

Dakota Nursing Program is committed to presenting timely, innovative educational opportunities for its students. As part of those efforts, DNP faculty may invite guest speakers to address the student members of this course. Under FERPA regulations, such guest speakers are considered volunteers who serve a legitimate educational interest to institutional services or functions. Guest speakers will be informed by the faculty member of their responsibilities under FERPA to ensure student privacy. For more information, please visit the Department of Education's FERPA Student Privacy webpage at <https://studentprivacy.ed.gov/>

## **FACULTY/STUDENT COMMUNICATION:**

Faculty/students are responsible for checking course announcements in Blackboard, bulletin boards and/or mailboxes as appropriate at each campus for messages each class day. Email is used extensively within the Blackboard Learning Management System, students are responsible to have a working college email account and check it daily during the semester. Students, staff and faculty are expected respond to emails promptly – within 48 hours during a usual work week or as requested. The purpose is to assure rapid communication between students and instructors. Students must notify the nursing coordinator if their email address changes.

Faculty and students must identify themselves professionally with each contact (mail, email, or telephone). This includes first and last name as well as identification of location within the consortium.

Example of student identification at end of each email:

Joan Miller  
DCB – Minot

Communication between students and faculty should remain on a professional level with no questionable jokes, cartoons, etc. transmitted. Students using the institution's computer labs are reminded that they cannot download information onto the computer hard drives. Any information must be stored on an alternate drive.