

## **Dakota College at Bottineau Course Syllabus**

Course Prefix/Number/Title: Introduction to Physical Education HPER 208

Number of credits: 2

Course Description: History, principles and philosophy of physical education, foundations, nature and scope of the professional field.

Pre-/Co-requisites: None

Course Objectives: To assist in the preparation for a career in Physical Education

Instructor: Travis Rybchinski

Office: Thatcher 1160

Office Hours: Posted on door

Phone: 228-5450

Email: [travis.rybchinski@dakotacollege.edu](mailto:travis.rybchinski@dakotacollege.edu)

Lecture/Lab Schedule: Tuesday and Thursday \* FIRST 8 WEEK COURSE ONLY

Textbook(s): None – Various Handouts will be given out. We will use Blackboard. This is a Blended Course. We will have many assignments, readings, and videos on Blackboard.

Course Requirements: Successful completion of assignments. Passing grade on midterm and final tests

### Tentative Course Outline:

Week 1: Introduction, history, and philosophy of Physical Education

2: Introduction, history, and philosophy of Physical Education

3 Objectives of Physical Education and Individual Philosophy of Physical Education

4 What is out there? Careers in Sport

5.Sports Careers, Duties of Physical Education Personnel

6 Major Historical Contributions to Physical Education  
and Role of Physical Education in General Education

7 Society and Sport

8 Group Work and Presentations

\*Hours may be arranged to accommodate students who have class conflicts.

General Education Goals/Objectives:

Goal 5 – Employs the Principle of Wellness

Objective 1 – Demonstrates Healthy Lifestyle and Physical Wellness

Skill – Identifies the differences between healthy life choices and consequences of negative behaviors.

Relationship to Campus Theme: This course will provide the student with the ability to look beyond their days as a student in preparation for a career in physical education.

Classroom Policies:

Reading the assigned handouts and web pages is the student's responsibility, and is essential to success in this course. It should be noted though that it is in your best academic interest to read material before the week of lecture/discussion as to aid in your understanding. Any deadlines are final and your work is due on the day specified. Any late work will be discounted from full credit.

Academic Integrity:

There will be zero tolerance of any form of academic dishonesty.

Disabilities and Special Needs:

Please inform the instructor within the first week of classes if any assistance is required due to disabilities or special needs