

Dakota College at Bottineau Course Syllabus

Course Prefix/Number/Title: HPER 101-2 Activity (Leisure Activities)

Number of credits: 0.50

Course Description: Activities offered in this class consist of the following: softball, tennis, archery, bowling, eclipse ball, badminton, pickleball, volleyball, fitness activities and fitness testing. Due to weather or other circumstances, other sports or activities may be engaged in on a limited basis.

Pre-/Co-requisites: None

Course Objectives:

Instructor: Sid Hunter

Office: Thatcher 1104 Student Success Center

Office Hours: Mon-Fri 8am-4:30pm

Phone: 701-228-5636

Email: Sidgwick.Hunter@dakotacollege.edu

Lecture/Lab Schedule: None

Textbook(s): None

Course Requirements: None

Tentative Course Outline: TBA

General Education Goals/Objectives: Goal 5: Employs the principles of wellness.

Objective 1: Demonstrate healthy lifestyle and physical wellness. Relationship to Campus Theme: We will be utilizing the Beyond part of the campus theme. The students will be learning the value of lifelong fitness and promoting physical, emotional, and spiritual wellness. The students will be learning how communicate effectively with others.

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Classroom Policies: Student will be expected to all classes and attend any other classroom activities.

Student Email Policy:

Dakota College at Bottineau is increasingly dependent upon email as an official form of communication. A student's campus-assigned email address will be the only one recognized by the campus for official mailings. The liability for missing or not acting upon important information conveyed via campus email rests with the student.

Academic Integrity: There will be zero tolerance of any form of academic dishonesty. If any evidence appears of students not doing their own work, plagiarism, or outright cheating on quizzes/exams, the matter will be investigated. If it is concluded that such dishonesty occurred, the student in question will receive an automatic "F" for the course. Furthermore, the matter will be reported to the appropriate university office and the instructor will participate in any proceedings against the guilty party.

Disabilities and Special Needs: Please inform the instructor within the first week of classes if any assistance is required due to disabilities or special needs