

Dakota College at Bottineau Course Syllabus**Course Prefix/Number/Title:**

PSYC 111—Introduction to Psychology

Number of credits:

3 credits

Course Description:

This course involves the scientific study of behavior and mental processes. It is a basic prerequisite to most other psychology classes.

Pre-/Co-requisites:

None

Course Objectives:

Students will:

1. Define key concepts in the field of psychology.
2. Demonstrate an understanding of psychology, including the field's history, methods, and future directions.
3. Explain basic human processes and behaviors (including brain functioning, learning, memory, intelligence, development, and social interaction) from a psychologist's perspective.
4. Identify different types of psychological disorders.

Instructor:

Lexi R. Kvasnicka-Gates, Ph.D.

Office:

Thatcher Hall 2206

Office Hours:

Mondays, Wednesdays, and Fridays: 9:00-9:50am and 1:00-1:50pm

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Email: lexi.kvasnicka@dakotacollege.edu

Lecture/Lab Schedule:

MWF 11:00-11:50am

TH 1107

Textbook(s):

Recommended (Not Required): Myers, D. (2010). *Psychology*, 9th Ed. New York: Worth Publishers.

Course Requirements:

- Exams (4 exams (non-cumulative), each worth 50 points) 200 points
 - In-Class Quizzes (10 quizzes, each worth 5 points) 50 points
 - Blackboard Vocabulary Quizzes (5 quizzes, each worth 10 points) 50 points
- Total: 300 points**

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|---|---------------|
| A | 270 and above |
| B | 240-269 |
| C | 210-239 |
| D | 180-209 |
| F | 179 and below |

Major Assignments:

- **Exams:** There will be 4, non-cumulative, exams throughout the semester worth 50 points each. Exams will cover information presented in class and from the textbook. Each exam will consist of 50 multiple choice questions worth 1 point each.
- **In-Class Quizzes:** Ten (10) quizzes will be given randomly throughout the semester. Each quiz will be worth 5 points, and will vary in nature (e.g., short answer, multiple choice, matching). Quizzes cannot be made up under *any* circumstances. These quizzes will cover material presented in the week's readings and lectures.
- **Blackboard Vocabulary Quizzes:** Five (5) vocabulary quizzes will be given over various chapters throughout the semester. Each quiz is worth 10 points. These quizzes are available on the course Blackboard page. Due dates are set, but the quizzes may be completed prior to the due date.

Tentative Course Outline:

| Week | Date | Day | Topic | Chapter |
|--------|-------|-----------|---|---------|
| Week 1 | 8/28 | Wednesday | Class Introduction | 1 |
| | 8/30 | Friday | Thinking Critically with Psych. Science | |
| Week 2 | 9/2 | Monday | <i>Labor Day (No Class)</i> | 1 |
| | 9/4 | Wednesday | Thinking Critically with Psych. Science | 2 |
| | 9/6 | Friday | Biology of the Mind | 2 |
| Week 3 | 9/9 | Monday | Biology of the Mind | 2 |
| | 9/11 | Wednesday | Biology of the Mind (Vocab Quiz #1 Due) | 2 |
| | 9/13 | Friday | Consciousness and the Mind | 3 |
| Week 4 | 9/16 | Monday | Consciousness and the Mind | 3 |
| | 9/18 | Wednesday | Consciousness & Mind/Nature & Nurture | 3 & 4 |
| | 9/20 | Friday | Nature, Nurture, Human Diversity | 4 |
| Week 5 | 9/23 | Monday | Nature, Nurture, Human Diversity (Vocab Quiz #2 Due) | 4 |
| | 9/25 | Wednesday | Review | 1-4 |
| | 9/27 | Friday | Exam #1 | 1-4 |
| Week 6 | 9/30 | Monday | Developing Through the Life Span | 5 |
| | 10/2 | Wednesday | Developing Through the Life Span | 5 |
| | 10/4 | Friday | Sensation and Perception | 6 |
| Week 7 | 10/7 | Monday | Sensation and Perception | 6 |
| | 10/9 | Wednesday | Learning (Vocab Quiz #3 Due) | 7 |
| | 10/11 | Friday | Learning | 7 |
| Week 8 | 10/14 | Monday | <i>Assessment Day (No Class)</i> | 7 8 |
| | 10/16 | Wednesday | Learning | |
| | 10/18 | Friday | Memory | |
| Week 9 | 10/21 | Monday | Memory | 8 |
| | 10/23 | Wednesday | Review | 5-8 |

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|---------|-------|-----------|--|---------|
| | 10/25 | Friday | Exam #2 | 5-8 |
| Week 10 | 10/28 | Monday | Thinking and Language | 9 |
| | 10/30 | Wednesday | Thinking and Language | 9 |
| | 11/1 | Friday | Intelligence | 10 |
| Week 11 | 11/4 | Monday | Intelligence | 10 |
| | 11/6 | Wednesday | Intelligence | 10 |
| | 11/8 | Friday | Motivation and Work (Vocab Quiz #4 Due) | 11 |
| Week 12 | 11/11 | Monday | <i>Veteran's Day (No Class)</i> | |
| | 11/13 | Wednesday | Motivation and Work | 11 |
| | 11/15 | Friday | Body Image/Body Dissatisfaction | |
| Week 13 | 11/18 | Monday | Stress and Health | 12 |
| | 11/20 | Wednesday | Stress and Health | 12 |
| | 11/22 | Friday | Review | 9-12 |
| Week 14 | 11/25 | Monday | Exam #3 | 9-12 |
| | 11/27 | Wednesday | Psychological Disorder | 14 |
| | 11/29 | Friday | <i>Thanksgiving Break (No Class)</i> | |
| Week 15 | 12/2 | Monday | Psychological Disorders | 14 |
| | 12/4 | Wednesday | Social Psychology | 16 |
| | 12/6 | Friday | Social Psychology | 16 |
| Week 16 | 12/9 | Monday | Social Psychology (Vocab Quiz #5 Due) | 16 |
| | 12/11 | Wednesday | Review | 14 & 16 |
| | 12/13 | Friday | Exam #4 | 14 & 16 |

***The final will NOT be given early. You must take the final during the final exam time, no exceptions.

General Education Goals/Objectives:

- Goal 6: Demonstrates knowledge of social structures
 - Learning Outcome 1: Examines the experience of the individual
 - Learning Outcome 2: Examines the world of human diversity

Relationship to Campus Theme:

Campus theme: Nature, Technology, and Beyond

- Students will be familiar with the technological tools used to investigate the mind and our behavior.
- Students will be familiar with how nature influences our own (psychological) development.
- Students will use critical thinking to understand the importance of psychology now, and in the future.

Classroom Policies:

- **Participation.** Students are expected to come to class prepared and actively engage in class discussion and activities. The classroom environment is open and harassment free, so please engaged in discussion. Computers are welcome in the classroom for note-taking purposes only. If students abuse this privilege, the instructor reserves the right to ban computers from the lecture periods.
- **Deadlines.** All assignments are due at the beginning of class on the day that they are due. Students will be deducted 5 points for every 24-hour period the assignment is not turned in, including weekends.

If a student is aware that they will miss an exam, they must inform the instructor *at least* two weeks prior to the missed exam. An essay exam (worth 50 points) will substitute for the missed exam. This exam must be taken *before* the scheduled exam date. If a student is sick or experiences unforeseen circumstances where an exam must be missed, **the instructor must be informed immediately and proper documentation must be presented** (e.g., doctor's note, police accident report). An essay exam will take the place of the missed exam and must be taken within one week of the missed exam. If the student does not notify the instructor before the next class period, the

student will receive a “0” for the missed exam. Students involved in college activities (e.g., athletics) that require them to miss an exam will take a make-up which is the same format as typical exams (multiple choice and short answer). Proper documentation from a coach or faculty supervisor is required to avoid the essay exam.

- **Grades.** Questions about test grades can be emailed to the instructor up to 10 days (including weekends) after the grade is posted; after this time grades are considered final. Questions regarding grades can be emailed to the instructor no sooner than 24-hours after the grade has been posted. Challenging the grade will result in a re-grade. Re-grades may result in a grade higher or lower than the original grade.
- **Canceled Class.** If a weather-related event prevents the professor from getting to class, students will be responsible for completing an “assignment” over the scheduled reading. Information about the assignment will be provided on the class Blackboard page, and the deadline for completion of the assignment will be by 9:00pm the day of the missed class. The “assignment” will take the place of an in-class quiz, and will be worth 5 points. Students will be notified of the professor’s absence by a note on the classroom door, as well as with a notification on the class Blackboard page. Just as with the in-class quizzes, if a student does not complete the assignment by 9:00pm, it cannot be made up.

Academic Integrity:

Plagiarism (taking the ideas, thoughts, or language of someone else and passing them off as your own) will not be tolerated in this class. If a student is suspected of plagiarizing, cheating, or not doing their own work, the matter will be investigated. Any student who is found to engage in academic dishonesty (including letting others cheat off of you) will receive an automatic “F” in the course. Additionally, the incident will be reported to the appropriate University office and additional action may be taken.

Disabilities and Special Needs:

Please inform the instructor within the first week of classes if any assistance is required due to disabilities or special needs.

Student E-mail Policy

The Dakota College at Bottineau campus community is increasingly dependent upon electronic communication among faculty, staff and students. Because of its convenience, cost-effectiveness and speed, e-mail has replaced much of the paper correspondence of the past. Because of this acceptance of and reliance upon electronic communication, e-mail is considered an official form of communication at Dakota College at Bottineau. A student’s campus-assigned e-mail address will be the only one recognized by the campus for official mailings. The liability for missing or not acting upon important information conveyed via email because of a failure to access a campus-assigned e-mail address rests with the student.