

DAKOTA NURSING PROGRAM

Bismarck State College • Dakota College at Bottineau • Lake Region State College • Williston State College

NURS 121 Syllabus - Fall 2019

COURSE: NURS 121: Practical Nursing I

CREDIT HOURS: 3 semester hours (Didactic course – 48 hours classroom)

COURSE DESCRIPTION:

Explore three core concepts of health assessment, nutrition and mental health as they relate to client care. Learn how the nurse incorporates this knowledge in caring for the diverse client from the moment they begin care for an individual to any point along the health-illness continuum.

MEETING TIME:

Section I 1000 – 1120 T/R - BSC A, BSC Garrison, BSC Hazen, LRSC Devils Lake

Section II 1330-1450 T/R – BSC B, BSC Hettinger, BSC Harvey, DCB Minot, LRSC Mayville, LRSC Grand Forks

Section III 0800-0920 T/R – DCB Bottineau, DCB Rugby, DCB Valley City, WSC Williston, WSC Tioga

INSTRUCTORS:

Gail Raasakka, MSN, RN, CNE (Mental Health Weeks 10-17)

Lead Instructor for N121

WSC Nursing Program Director/Associate Professor of Nursing
Williston State College, HSSC 165

1410 University Avenue

Williston, ND 58801

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Erin Williams, BSN, RN

Health Assessment & Nutrition Weeks 1-9

Nursing Instructor

Dakota College at Bottineau

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PREREQUISITES:

Admission to Dakota Nursing Program, Practical Nursing Certificate

COREQUISITE(s):

NURS 120 Foundations of Nursing

NURS 122 Clinical Practice I

REQUIRED TEXTBOOKS:

1. Assessment Technologies Institute (ATI) Review Package and Skills Modules for PN students.
2. Burton, M. A., Smith, D. W., & Ludwig, L. J. M., (2019) *Fundamentals of Nursing Care: Concepts, Connections and Skills* (3rd ed.), Philadelphia, PA: F. A. Davis (Text and Study Guide)
3. Halter, M. J. (2018) *Varcarolis' Foundations of Psychiatric Mental Health Nursing*, (8th ed.), St. Louis, MO: Elsevier

DAKOTA NURSING PROGRAM

Bismarck State College • Dakota College at Bottineau • Lake Region State College • Williston State College

4. Sherpath for Health Assessment (Wilson 6e Version) [Software] Available from <https://evolve.elsevier.com>
5. Ucentral by Unbound Medicine (includes *Davis Drug Guide* and *Davis Lab Guide*)
6. Wilson, S. F. & Giddens, J. F. (2017) *Health Assessment for Nursing Practice* (6th ed.), St. Louis, MO: Elsevier

**Students must have reliable high speed internet which is required to access online books and resources.*

STUDENT LEARNING OUTCOMES (With Related Learning Activities and Evaluation):

NURS 121: Clinical Practice II			
Program Student Learner Outcomes (SLOs)	NURS 121 Course Student Learner Outcomes (SLOs)	Learning Activities	Course SLO Evaluation
<p>TEAMWORK AND COMMUNICATION: Participate as a member of the interdisciplinary health care team through effective communication in the delivery and management of client care.</p>	<p>1. Identify effective communication, as a member of the interdisciplinary health team, utilized in interactions with clients along the health illness continuum.</p>	<ul style="list-style-type: none"> * Assigned reading * Lecture *Case Study on Abuse *Role play with therapeutic communication * Group discussions and classroom projects *Discussion of interdisciplinary team's role in client nutrition *Sherpath for Health Assessment assignments and simulations *Documentation practice in Health Assessment 	<ul style="list-style-type: none"> * Exams * Quizzes * Case Study *Role play *Sherpath for Health Assessment Assignments *Health Assessment skills labs and clinical experience
<p>PROFESSIONALISM AND LEADERSHIP: Incorporate professional standards and scope of practice as a certificate practical nurse while pursuing professional growth within legal, ethical and regulatory frameworks.</p>	<p>2. Describe ethical, legal, and documentation issues related to health assessment and in care of the patient with a mental health disorder.</p>	<ul style="list-style-type: none"> * Assigned reading * Lecture *Sherpath for Health Assessment assignments and simulations * Documentation practice in Health Assessment 	<ul style="list-style-type: none"> * Exams * Quizzes *Sherpath for Health Assessment Assignments
<p>CLIENT-CENTERED CARE: Provide culturally competent care for clients while promoting their self-determination and integrity.</p>	<p>3. Recall the effects of age, gender, culture and lifestyle choices on nutrition, health assessment and mental health.</p> <p>4. Identify data related to the diverse client's values, beliefs, and attitudes related to health and wellness.</p> <p>5. Define therapeutic communication, cultural sensitivity, and caring as related to the individual and diverse client.</p>	<ul style="list-style-type: none"> * Assigned reading * Lecture * Case Study on Schizophrenia *Discussion on how a client's culture can have an effect on a healthy diet *Sherpath for Health Assessment assignments and simulations Case Studies in Health Assessment lab *ATI non-proctored Exam *Jeopardy Game on Personality Disorders 	<ul style="list-style-type: none"> * Exams * Quizzes *ATI non-proctored exam results *Case study *ATI proctored mental health exam *Sherpath for Health Assessment Assignments
<p>EVIDENCE-BASED PRACTICE AND NURSING JUDGEMENT: Utilize the nursing process, science, and clinical reasoning to provide quality evidenced-based client care.</p>	<p>6. Describe the role of health assessment and nutrition in health promotion and disease prevention across the lifespan.</p> <p>7. Recognize common mental health disorders and appropriate interventions across the lifespan</p> <p>8. Define normal and abnormal findings of a physical assessment for clients across the lifespan.</p>	<ul style="list-style-type: none"> * Assigned reading * Lecture * Psych Medication Flowsheet *ATI Pharmacology Made Easy on Psych Medications *Case study on Bipolar disorder *Discussion of current dietary guidelines and resources *Videos of system assessments Role play using nutritional assessment tools *Sherpath for Health Assessment 	<ul style="list-style-type: none"> * Exams * Quizzes *ATI post tests *Pharmacology quiz on Psych meds *Case study *Sherpath for Health Assessment Assignments *Head-to-Toe Assessment

DAKOTA NURSING PROGRAM

Bismarck State College • Dakota College at Bottineau • Lake Region State College • Williston State College

	9. Describe interpersonal, technical, and organizational skills needed to complete the data collection process.	assignments and simulations *Health Assessment lab activities to include assessment practice, discussions, case studies.	
QUALITY IMPROVEMENT AND SAFETY: Employ evidence-based decision making to deliver safe and effective client care and to evaluate client outcomes.	10. Describe client safety issues related to nutrition, health assessment and mental health.	* Assigned reading * Lecture * Class discussion and role play *Sherpath for Health Assessment assignments and simulations	* Exams * Quizzes *Sherpath for Health Assessment Assignments
INFORMATICS: Utilize appropriate technology to communicate effectively and manage information in the delivery of client care.	11. Describe how to document data collection on an electronic health record	* Assigned reading * Lecture Lab checklists *Sherpath for Health Assessment assignments and simulations * Documentation practice in lab	* Exams * Quizzes *Sherpath for Health Assessment Assignments

GRADE BREAKDOWN:

Health Assessment/nutrition and Mental Health Nursing exams, and, quizzes, and assignments will all be combined for the total grade with the following grade breakdown:

Exams:	80%
ATI Proctored exam	10%
Quizzes/ Assignments:	<u>10%</u>
	100%

GRADING POLICY:

The following grading scale is used:

92.0	-	100.00	=	A
84.0	-	91.99	=	B
76.0	-	83.99	=	C
68.0	-	75.99	=	D
Below 68			=	F

There will be no rounding up of grades during the semester.
There is no extra credit offered.

NCLEX REVIEW PROGRAM NURSING REVIEW PROGRAM:

The Dakota Nursing Program requires students to purchase and complete an ATI Nursing Review Program. This program is complete with the review modules (Books or eBooks, Skills Modules, Online Practice Assessments, and Proctored Assessments). Please review the complete ATI policy in your student handbook for preparation policy, remediation policy, and grading levels.

GRADING:

Course and clinical grades are based on a variety of activities and assignments designated by the faculty. The criteria by which grades for each theory and clinical course are determined are included in course syllabi distributed to students. Students have access to and should review the learning management system grading calculation method.

Students are responsible to know what their grades are during the course. Please review the gradebook frequently.

DAKOTA NURSING PROGRAM

Bismarck State College • Dakota College at Bottineau • Lake Region State College • Williston State College

If an assignment or exam in the student's gradebook says the assignment or exam has not been submitted or has not been entered, it is then treated as a fact that the student did not do the assignment or exam unless the student has written proof that they did in fact complete and submit such assignment/exam as outlined in the directions. Make sure your assignments are submitted well before the due date to assure timely submission. Please see your Dakota Nursing Student handbook for grading policies in addition to the policies listed below.

Grades: Grades are given for both theory classes and clinical performance of clinical nursing courses. Students must earn a minimum grade of "C" with a maintained 2.5 GPA or better in all required courses of the program. Students who fail a theory or clinical course will be dismissed from the nursing program. A final grade of D or F is considered to be a failed grade. Any time a student has unsatisfactory grades, he/she should contact the instructor for guidance.

Active Learning: In addition to educational strategies such as reading, listening, and reflecting, when appropriate this class makes use of learning techniques commonly known as active learning. Students should expect to participate in active learning techniques such as discussions and presentations, small group activities, writing, problem-solving, movement, case studies, role-playing, etc. These activities promote analysis, synthesis, and evaluation of class content in order to improve student learning outcomes.

Assignments/Quizzes/Clinical Paperwork: All assignments must be completed and submitted on time in the manner specified by the faculty. Students may fail the course if all assignments are not completed. Late/makeup work will not be accepted (student will receive a 0%) unless previously arranged with the instructor.

Exams: Students will notify the program nursing director/site faculty AND the lead course instructor 1 hour prior to missing the scheduled exam for the day and schedule a time to makeup that exam. Failure to notify these individuals may result in a conference with faculty recommendations for improvement. Missing more than one exam in the nursing courses in one semester as detailed in the attendance area of your handbook will result in an unsafe occurrence report with a performance improvement plan. All exams must be made up within 24 hours of the academic week. Extenuating circumstances will be considered and subsequent actions decided by the nursing program director. Situations where students miss an exam need to be backed up with written documentation by a healthcare provider or other published documentation. It is the student's responsibility to contact the nursing program nursing director to arrange a makeup exam. "Notification" means that the student sends an email with the appropriate information or speaks directly to the nursing instructor AND program director per telephone or in person prior to one hour before the exam is scheduled.

Records of Grades: The faculty strongly endorses the idea that each student is responsible for knowing his/her own academic status based on grades from learning activities. Grades are recorded in the Blackboard Grade Center. All gradebook questions must be addressed by the student to the lead instructor at midterm and then again during the week before finals. There will be no changes accepted to the gradebook regarding absent or late/missed assignments or late/missed exams during finals week. It is the student's responsibility to know what their grades are and contact the instructors or their Nursing Program Director for a plan to improve.

Nursing Department Etiquette: It is expected that students will show sensitivity to their peers as well as instructors by avoiding any activity that may cause distraction during class. Incivility will not be tolerated and is an unsafe behavior. Use of mobile devices and related applications, cameras, side conversations, and children are not allowed in the classroom.

Nursing is a profession and thus requires professional behavior. It is expected that students will act in a professional manner displaying commitment to learning in the classroom, lab, all clinical areas, all college areas, and at all times in the public (including social networking sites when representing the college or the profession of nursing.)

DAKOTA NURSING PROGRAM

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Course study expectations: Commitment to learning is important to success. For every semester credit hour you are taking in a class, three hours needs to be set aside in your weekly schedule to read, study and devote towards your education outside of class.

For example: NURS 120 (3 credit) x 3 hours = 9 hours/week to study (minimal recommended study hours per week.)

Academic Honesty: Academic honesty is held in the highest regard within the Dakota Nursing Program. Academic dishonesty will be addressed following the policies outlined in your college catalog. Dishonesty may result in failure of the course and dismissal from the Dakota Nursing Program.

Student Role in Evaluation of Teaching, Course, and Program Evaluation: The Dakota Nursing Program student will evaluate faculty teaching and curriculum in the classroom, lab and clinical settings. The evaluations are an important source of information for both individual faculty and for program evaluation.

ATTENDANCE POLICY:

The Dakota Nursing Program supports the college policy on attendance as stated in your college catalog. In addition, the nursing program implements strict attendance policies for classroom, lab and clinical experiences. Students are expected to attend all theory, lab, and clinical hours.

Regular, punctual attendance demonstrates safe and professional behavior and responsibility. In recognition of the fact that the primary learning takes place in the teacher-student relationship, the principle governing class attendance is that the student is expected to attend all regularly scheduled classes (classroom, laboratory, and clinical) and is responsible for meeting course objectives. Absences may make it impossible for a student to meet course objective and result in failure of the course. A student may be excused from class or clinical with the approval of the instructor. It is the student's responsibility to make arrangements to fulfill missed assignments with the appropriate faculty member. All makeup work may have a deduction in theory, lab, or clinical applications. All missed hours in lab or clinical need to be made up with an hour for each hour missed. Absences of more than four in any classroom, lab, or clinical course may result in course failure.

Please see the Attendance Policy in your Nursing Program Handbook for directions on how to notify faculty of and for consequences specific to being absent or tardy.

SPECIAL ACCOMMODATIONS:

Any student who has medical information to share with the faculty or has a disability that may prevent them from fully demonstrating their abilities should contact the instructor to discuss accommodations necessary to ensure full participation and facilitate their educational opportunities.

DROP AND WITHDRAW DATES CAN BE FOUND ON YOUR CAMPUS WEBSITE AT:

BSC – <http://www.bismarckstate.edu/current/records/calendarsdeadlines/>

DCB – <http://www.dakotacollege.edu/academics/academic-calendar/>

LRSC – <http://www.lrsc.edu/academics/term-schedules>

WSC – <http://www.willistonstate.edu/Class-Schedule.html>

If you have any questions about dropping or withdrawing from a class please contact your campus coordinator or registrar.

ADDITIONAL INFORMATION:

All written work must be completed and turned in to the instructor prior to taking any scheduled exam. Any assignments which are not complete and turned in will result in the student failing the course with a grade of F.

DAKOTA NURSING PROGRAM

Bismarck State College • Dakota College at Bottineau • Lake Region State College • Williston State College

Students are required to read the Dakota Nursing Program student handbook upon admission to the program and submit the signature form found in the handbook showing that the student will agree to follow the information and policies found in the handbook.

Material for this course will be posted onto the Blackboard site. It is your responsibility to check this site for assignments and notes. It is also your responsibility to know what your grade is in the course by reviewing the Blackboard gradebook.

WEB STREAMING (Yuja):

Yuja is a lecture and content capture software that was chosen by the ND University System to provide that service for its 11 campuses. Yuja enables faculty, students and staff to record presentations, lessons, training, an entire lecture, and more. The recorded content is searchable, provides for note-taking and participant rating of content, can be streamed live, and can be used on portable devices having internet access. Yuja integrates with most learning management systems and is ADA compliant. An instructor's lecture for the DNP is recorded and stored within a learning management system for the duration of the semester. Instructors will record IVN and other lectures on Yuja. Students should be aware that their voices or any presentation they do in class may be recorded on Yuja and available via Blackboard for other students in their class to view. The recordings will be available for viewing for the duration of the semester. Watching class via web streaming does not count as attendance for class but is highly encouraged if you are unable to attend class or wish to review concepts covered in class. Please refer to attendance policy if there are any questions.

GUEST SPEAKERS:

Guest Speaker Statement: Dakota Nursing Program is committed to presenting timely, innovative educational opportunities for its students. As part of those efforts, DNP faculty may invite guest speakers to address the student members of this course. Under FERPA regulations, such guest speakers are considered volunteers who serve a legitimate educational interest to institutional services or functions. Guest speakers will be informed by the faculty member of their responsibilities under FERPA to ensure student privacy. For more information, please visit the Department of Education's FERPA Student Privacy webpage at <https://studentprivacy.ed.gov/>

FACULTY/STUDENT COMMUNICATION:

Faculty/students are responsible for checking course announcements in Blackboard, bulletin boards and/or mailboxes as appropriate at each campus for messages each class day. Email is used extensively within the Blackboard Learning Management System, students are responsible to have a working college email account and check it daily during the semester. Students, staff and faculty are expected respond to emails promptly – within 48 hours during a usual work week or as requested. The purpose is to assure rapid communication between students and instructors. Students must notify the nursing coordinator if their email address changes.

Faculty and students must identify themselves professionally with each contact (mail, email, or telephone). This includes first and last name as well as identification of location within the consortium.

Example of student identification at end of each email:

Joan Miller
DCB – Minot

Communication between students and faculty should remain on a professional level with no questionable jokes, cartoons, etc. transmitted. Students using the institution's computer labs are reminded that they cannot download information onto the computer hard drives. Any information m