



Course Prefix/Number/Title: HPER 101-2 Activity (Golf)

Number of credits: 0.50

Course Description: The student will have the opportunity to develop basic golf skills through demonstration, drills and game play. The student will also gain the knowledge of proper golf etiquette and other areas related to the game of golf.

Pre-/Co-requisites: None

Course Objectives:

- A. To learn basic terms, rules, history and etiquette related to the game of golf.
- B. To learn about the equipment and attire used in golf.
- C. To understand and perform the basic mechanics involved in the set-up, swing, and contact point for each area of golf. (driving chipping putting)
- D. To be able to recognize the cause of correction of common errors. (slicing, topping)
- E. To gain an appreciation for the game and how adults and their families can enjoy golf and the lifetime benefits.

Instructor: Reed Loucks

Office: Thatcher Hall Weight Room 10B

Office Hours: Monday through Friday 8AM – 3PM, or by appointment.

Phone: 701-228-5626 (Office)

Email: reed.loucks@dakotacollege.edu

Lecture/Lab Schedule: TBD.

Textbook(s): None. Handouts may be given out.

Course Requirements: None