

EDUC 102 Interpersonal Skills Development

Online

Course Description: This course uses an integrated approach to basic helping, including developing skills in attending, listening, reflecting, and appropriate questioning. Students will learn skills in problem identification, problem solving, goal setting, and other aspects of helping relationships. Students will also learn to recognize and respect different kinds of diversity as it relates to helping relationships, and to know and follow ethical boundaries as they relate to their role in such relationships. The course also includes opportunities for practical and experiential applications of helping skills in individual and group situations.

Credits: 3 semester credits

Prerequisite(s): none.

Delivery Method: Online

Course Objectives/Student Outcomes:

It is expected that students will be able to...

- Outline the overall nature and goals of helping, explain the helping process, and describe a helping relationship.
- Identify the basic communication and dialogue skills needed to be an effective helper.
- Utilize communication techniques such as active listening, empathy, probing, and summarizing to help another person explore an issue.
- Describe the stages of the helping model and complete tasks associated with each stage.
- Summarize how to move a plan from discussion to action with consideration to obstacles.

Instructor: Andre' L. Mooney

Office: Online

Office Hours: Use the eMail tool within the online course to communicate with the instructor. Course eMail messages will be checked daily, Monday through Friday. If you have a technical problem, contact the Distance Education office by calling 1-701-228-5479 or 1-888-918-5623 (toll-free).

Email: Use online course eMail tool.

Class Schedule: Online

Textbooks:

The Skilled Helper 9th ed. Gerard Egan. Thomson Brooks/Cole. ISBN-10: 0-495-60434-1.

*Please note that there is a textbook required and discussion participation is essential.