

Dakota College at Bottineau Course Syllabus

Course Prefix/Number/Title: Introduction to Physical Education HPER 208

Number of credits: 2

Course Description: History, principles and philosophy of physical education, foundations, nature and scope of the professional field.

Pre-/Co-requisites: None

Course Objectives: To assist in the preparation for a career in Physical Education

Instructor: Travis Rybchinski

Office: Thatcher 1160

Office Hours: Posted on door

Phone: 228-5450

Email: Travis Rybchinski

Lecture/Lab Schedule: Tuesday and Thursday

Textbook(s): None – Various Handouts will be given out.

Course Requirements: Successful completion of assignments. Passing grade on midterm and final tests

Tentative Course Outline:

Week 1: Introduction and Overview Nature, scope and philosophy of Physical Education

2: What is out there? Careers in Sport.

3 Sports Careers

4 Objectives of Physical Education

5 Olympics

6 Olympics

7 Olympics

8 Major Historical Contributions to Physical Education

9 Role of Physical Education in General Education

10 International Physical Education

11 Duties of Physical Education Personnel

12 Group Work and Presentations

13 Guest Speakers

14 Individual Philosophy of Physical Education

15 Housekeeping (Catch Up on things missed during the semester)

16 Wrap UP

General Education Goals/Objectives:

Goal 5 – Employs the Principle of Wellness

Objective 1 – Demonstrates Healthy Lifestyle and Physical Wellness

Skill – Identifies the differences between healthy life choices and consequences of negative behaviors.

Relationship to Campus Theme: This course will provide the student with the ability to look beyond their days as a student in preparation for a career in physical education.

Classroom Policies:

Reading the assigned handouts and web pages is the student's responsibility, and is essential to success in this course. It should be noted though that it is in your best academic interest to read material before the week of lecture/discussion as to aid in your understanding. Any deadlines are final and your work is due on the day specified. Any late work will be discounted from full credit.

Academic Integrity:

There will be zero tolerance of any form of academic dishonesty.

Disabilities and Special Needs:

Please inform the instructor within the first week of classes if any assistance is required due to disabilities or special needs