## **HPER 250 Volleyball**

This class is for 2st year Varsity Volleyball players at Dakota College Bottineau.

All Players will be expected to attend all practices, workouts and games that they are selected to play in.

Players will also be expected to meet deadlines for any work that is required such as practice follow-ups, exit sheets, goals assignment, Hudl highlight films, Instructor assessment, capatains reports, lead various team functions during the first three weeks of training. etc.

Players are expected to follow team rules laid out in team documents and school guidelines.

Grading:

Students will Receive a grade at the mid-semester point and a final grade at the end of the semester.

Students that have met the demands of the varsity season and have fulfilled the above requirements will receive a grade of A.

A student may receive a grade lower then A at the discretion of the instructor and after written reports/assessments have been provided by the instructor when the student is not meeting the above requirements.

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