

Dakota College at Bottineau Course Syllabus

Course Prefix/Number/Title

HPER 210 First Aid and CPR

Course Description

Definition of first aid, reasons for first aid, general directions for giving first aid, value of first aid and techniques dealing with shock, control of bleeding wounds, burns, poisoning, sudden illness and artificial respiration and other emergency situations will be covered, CPR will be covered and the student will be certified upon showing necessary skills.

Course Objective

The student will learn techniques in:

1. Rescue breathing and airway obstruction.
2. CPR/AED
3. Control bleeding.
4. Splinting fractures and other health emergencies.

Instructor

Joanne Vandal, BSN, RN

Phone: 701-263-5116 (text or phone call)

Email: joanne.vandal@dakotacollege.edu

Lecture/Lab Schedule

Mondays 4:00-4:50pm

Course Requirements:

Exams 50%

CPR, Rescue breathing, Unconscious choking demonstration, AED use 50%

Grading:

- A (89.5 – 100%)
- B (79.5 – 89.4%)
- C (69.5 – 79.4%)
- D (59.5 – 69.4%)
- F (0 – 59.4%)

TEACHING/LEARNING STRATEGIES Videos to correspond with the skills taught, in class discussion, guest speakers, demonstrations

EXAMS/ASSIGNMENTS/CLASS ATTENDANCE:

- The exams are multiple choice questions.
- The instructor reserves the right to give assignments that may not be listed in this syllabus.
- Class attendance is required to practice clinical skills
- All students are expected to be in class the day of an exam. Students are allowed to miss only one exam if the instructor has been notified in advance. It is the student's responsibility to make arrangements to make-up the exam within that same week.

STUDENT RESPONSIBILITIES:

- Students are expected to be prepared to discuss the assigned material
- It is expected that assignments will be read prior to coming to class
- Students are expected to be in class the day of an exam as well as for the practice sessions in this course.
- It is mandatory that all students are in class for all CPR demonstration
- Students are expected to act in a respectful manner to fellow students and instructor at all times

Classroom Policies:

1. Cell phone must be muted or turn off.
2. NO texting or phone calls are allowed during class time. If you need to use your phone, leave the classroom as a courtesy to the instructor and your fellow students.
3. No electronic devices, i.e. I-Pods, MP-3, etc. allowed in the classroom, they may cause disturbance with the IVN equipment and are disrespectful to the instructor and your fellow students.
4. The instructor reserves the right to ask any student disregarding these policies to leave the class for that day or longer if there is a continuous disregard for classroom polices. The student is still responsible for all information discussed during that class period.

Academic Integrity:

- **Please refer to the student handbook**

Disabilities and Special Needs:

The Learning Center provides a variety of academic support services for eligible students with disabilities. Eligible students with disabilities are entitled to reasonable accommodations that allow access to education and services. If you have questions regarding this please contact the learning center.

Jan Nahinurk, Director

Learning Disabilities Specialist

Phone: 701-228-5479

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Course Outline *Schedule subject to change**

WEEK ONE, AUGUST 26
Intro to First Aid/CPR

WEEK TWO, SEPTEMBER 2
First Aid Basics No Class/ LABOR DAY

WEEK THREE, SEPTEMBER 9

WEEK FOUR, SEPTEMBER 16
CPR and AED
Adults CPR

WEEK FIVE, SEPTEMBER 23
CPR and AED
Children and Infant

WEEK SIX, SEPTEMBER 30
CPR/AED DEMOS

WEEK SEVEN, OCTOBER 7

WEEK EIGHT, OCTOBER 14
Medical Emergencies

WEEK NINE, OCTOBER 21
Medical Emergencies, cont.

WEEK TEN, OCTOBER 28

WEEK ELEVEN, NOVEMBER 4
Injury Emergencies

WEEK TWELVE, NOVEMBER 11
No Class/ Veteran's Day

WEEK THIRTEEN, NOVEMBER 18
Injury Emergencies, cont.

WEEK FOURTEEN, NOVEMBER 25
Environmental Emergencies

WEEK FIFTEEN, DECEMBER 2
CPR/AED Demo

WEEK SIXTEEN, DECEMBER 9
First Aid Review

WEEK SEVENTEEN, DECEMBER 16
Finals Week Test