

DAKOTA COLLEGE

Course Outline

Name of Instructor: Tim Pfeifer

Course Title and Number: HPER 250 – Varsity Football

Credits: 1

Prerequisites: None

Course Description:

The student athlete will participate in Fall and Spring football activities including: Practice, team meetings, weight training and athletic contests.

Required Text: None

Course Objectives:

The objective of this course is to promote physical activity and wellness. Student athletes will also learn valuable lessons that involve sports and life.

Course Content:

The Course includes football activities, film study, game preparation, practice, and community involvement.

Course Requirements and Evaluation

1. Practice Participation
2. Game Participation
3. Fundraising
4. Community Involvement