

DAKOTA COLLEGE @ BOTTINEAU COURSE SYLLABUS

Course Prefix/Number/Title:

HPER 151/251 Varsity Athletics/Volleyball

Course Description:

This course requires a full season of participation in varsity volleyball. The fundamental skills and basic strategies of volleyball are emphasized through teaching, practicing, and playing the game of volleyball.

Course Objectives:

The student will understand that lifelong wellness is achieved and sustained through proper physical exercise and nutrition. They will also learn the proper skill techniques to succeed as a collegiate basketball player. They will understand the importance of teamwork and team building skills. The student will successfully interact and communicate with teammates, opponents, officials, and fans in a sportsmanship like manner. They will need to also comprehend the rules of competition and appreciate interscholastic competition.

Instructor: Ken Keysor
Office: Thatcher 123
Office Hours: M-F 10:00-12:00 or by arrangement
Phone: 228-5452
Email: Ken.Keysor@dakotacollege.edu

Lecture/Lab Schedule:

Arranged

Textbook(s):

None

Course Requirements:

The students are evaluated on their participation, effort, attitude, and willingness to learn. Each of the four criteria are weighted at 25%. The students will participate in daily practice sessions, occasional classroom lectures, and a full season of participation including post season play.

Tentative Course Outline:

The season will begin in August and continue through the playoffs which could be into the middle of November. There will also be preseason conditioning and open gyms.

Relationship to Campus Theme:

We will be utilizing the Beyond part of the our campus theme. The students will be learning how communicate effectively with others. They also will be learning the value of lifelong fitness and promoting physical, emotion, and spiritual wellness.

Classroom Policies:

The students will be expected to attend all practices/games/tournaments. They will conduct themselves in the appropriate manner that supports sportsmanship and good character.

Academic Integrity:

Webster's Encyclopedic Unabridged Dictionary defines plagiarism as: "The appropriation or imitation of the language, ideas, and thoughts of another author, and representation of them as one's original work." There will be *zero tolerance* of any form of academic dishonesty. If any evidence appears of students not doing their own work, plagiarism, or outright cheating on quizzes/exams, the matter will be investigated. If it is concluded that such dishonesty occurred, the student in question will receive an automatic "F" for the course. Furthermore, the matter will be reported to the appropriate university office and the instructor will participate in any proceedings against the guilty party.

Disabilities and Special Needs:

Please inform the instructor within the first week of classes if any assistance is required due to disabilities or special needs.